CHANTS

Lawrence Biscontini, MA
International Spa Consultant, Mindful Movement Specialist
Mission: "wellness without wallsTM"

"I AM LOVE AND LIGHT. ONLY I CAN MAKE THINGS RIGHT."

"IF IT'S GOING TO BE, IT'S UP TO ME. I CONTROL MY DESTINY."

"ALL MY THOUGHTS ARE POSITIVE. THIS IS HOW I CHOOSE TO LIVE."

"BUDDHA SAID THAT I SHOULD TRY: AS MY THOUGHTS ARE, SO AM I."



